



## DASH TO THE DIAMOND

**August 3, 2014 - 3:00pm  
@ Joseph L. Bruno Stadium  
Group Fun Run for Girls Inc.**

**\$35 Registration includes:**

- \*4 mile untimed group run around Joseph L. Bruno Stadium
- \*Grandstand ticket to the ValleyCats game on 8/3
- \*One Hour pre-game Field of Dreams Picnic (4pm-5pm)
- \*One Post run beer for those over 21.
- \*Exclusive participant t-shirt
- \*Donation to Girls Inc.
- \*Opportunity to donate old t-shirts & running shoes

**girls  
inc.**

**STRONG SMART BOLD**

### PLEASE FILL OUT THE FORM TO REGISTER

I'M PARTICIPATING IN THE RUN & THE PICNIC ☐ I'M PARTICIPATING IN JUST THE PICNIC ☐ I CAN'T PARTICIPATE BUT WOULD LIKE TO DONATE \$

T-SHIRT SIZE

SEND COMPLETED FORMS TO: TRI-CITY VALLEYCATS, ATTN: JESSICA KASZETA, PO Box 694, TROY, NY 12181

**NAME:**  **SEX:** F/M **DATE OF BIRTH:**  /  /  **AGE:**

**ADDRESS:**  **CITY, ST, ZIP:**

**PHONE:**  **EMAIL:**  **ADDITIONAL DONATION \$**

**CREDIT CARD NUMBER:**  **EXP:**  **MAKE CHECKS PAYABLE TO: TRI-CITY VALLEYCATS**

**WAIVER:** IN CONSIDERATION OF MY ENTRY TO THIS RUN, I HEREBY RELEASE AND WAIVE ANY AND ALL CLAIMS FOR DAMAGES I HAVE AGAINST THE TRI-CITY VALLEYCATS, ITS STAFF, GIRLS INC., AND THE CITIES OF TROY AND EAST GREENBUSH, ANY AND ALL RACE SPONSORS AND THEIR REPRESENTATIVES AND ANY OFFICIAL OR PARTICIPANT, FOR ANY AND ALL INJURIES I MAY SUFFER IN CONNECTION WITH THIS RUN. I ALSO CERTIFY THAT I AM IN GOOD PHYSICAL CONDITION AND HAVE TRAINED FOR THIS RUN. FURTHER, I HEREBY GRANT ALL PERMISSION TO ANY AND ALL OF THE FOREGOING TO USE ANY PHOTOGRAPHS, VIDEOTAPES, MOTION PICTURES, RECORDINGS OR ANY OTHER RECORD OF THIS EVENT FOR ANY PURPOSE.

**SIGNATURE:**  **DATE:**  **ADD ME TO THE VALLEYCATS NEWSLETER: YES / NO**