

SUMMER FUN SESSIONS

Summer Fun offers girls an exciting array of activities at our center in Albany! Girls will explore, discover and imagine as they engage in fun, interactive and hands-on science, technology, engineering and mathematics (STEM) activities.

Session 1: "Baking with Chemistry" Girls will investigate the basics of chemistry as they bake delicious goods. They will challenge themselves to see if they can combine the right ingredients without the recipe to create a tasty dessert.


Session 2: "Lights, Camera, Action!" Commercials! Magazines! Social Media! Girls will take an in-depth look at these media outlets and how they affect our culture and body image. They will also learn about pre/post production of advertising.

Session 3: "Body In Motion" Girls will learn the science behind different styles of dance. They will also gain the knowledge on how to keep their bodies healthy through different forms of exercise, such as Zumba, yoga, and other physical activities.

Session 4: "Nutritious & Delicious" Girls will learn all aspects of healthy eating through hands on activities, portion control, calorie intake and healthy non fat substitutions.

Session 5: "CSI" Girls will have the opportunity to become a detective! They will learn skills to collect and analyze evidence as they solve exciting mysteries.

Session 6: "Are We There Yet?" Each day the girls will explore the Capital Region through various field trips. These field trips will be to different parks, museums, or other educational outings. Girls will discover their inner explorer by participating in wilderness scavenger hunts, reporting on new experiences, and learning about Upstate New York culture.



Field trips and hands-on experiences are not only exciting, but are also an easy and effective way to learn. Here the girls are participating in a baseball workshop with the Tri-City Valley Cats. An experience like this exposes the girls to community events and outings that are available to them and their families.

Who: Girls entering Kindergarten through 8th grades.

What: A spectacular 6 week Summer Fun program!

When: July 6th through August 14th 9:00 a.m. to 5:00 p.m.

Where: 301 Washington Avenue, 2nd Floor, Albany, NY

Why: The list is endless, but here are a few reasons; make new friends, discover how exciting it is to be you, find your voice, build your skills, and most of all HAVE FUN!

Cost: \$100 per week or \$180 for 2 weeks if paid in advance. Scholarships are available on a limited basis and the discount does NOT apply.

****** Early drop off is available**

from 8:00 - 9:00am for a daily rate of \$5.00.

This is not a school sponsored program. The City School District of Albany is not responsible or liable for any problems or damages arising from participation in these activities.

GIRLS INCORPORATED WELCOMES YOU!

Girls Incorporated® of the Greater Capital Region is pleased to announce our summer programs for 2015! We welcome girls to join us in a variety of programs and activities geared to inspire all girls to be **strong, smart and bold**SM.

Girls Incorporated was founded in 1937. Since that time, we have provided thousands of girls from the Capital Region with quality programs that are research-driven with a single-sex focus. Comprehensive school-year programming is based at our sites on Albany Street in Schenectady, and 301 Washington Avenue, 2nd Floor in Albany, and at schools and youth-serving organizations throughout Albany, Schenectady, Saratoga and Rensselaer Counties. Our summer programs are offered at both our Schenectady and Albany sites.

REGISTRATION

Completed paperwork and full payment for all sessions will be due by **Thursday, July 2nd**. If payment has not been received by this date, spaces will be forfeited to those on our waiting list.

*There are **no refunds** for withdrawal from the programs after **Thursday, July 2nd**.*

Scholarships are available on a **limited basis** for our summer program. The scholarship application is included on the regular registration form. A copy of your most recent tax return must be submitted with the registration form if you are applying for a scholarship.

Payment Options:

- Payment can be made in cash, check, money order, Visa or MasterCard.
- Did you know that the fee for 2 weeks is only \$180 if paid in **FULL**, 2 weeks prior to the first session?

Camp MUST be paid prior to the start of each session.

Girls Inc. is proud to have GE and Time Warner Cable as

STEM education partners.



GE is proud to be the signature sponsor for Girls Inc.

There are two ways to register:

- Bring your registration form and payment to the Albany site between the hours of 2:00 p.m. and 6:00 p.m. until **Friday, May 15th**.
- **After May 15th** you will need to mail your form and payment to our **Administrative Office:** 962 Albany Street, Schenectady, NY 12307, Attn: Summer Registration. If you need an additional form, please call 518-374-9800.

Space is limited and is first-come, first-served.



Member's Last Name: _____
 Member's First Name: _____
 Address: _____
 City: _____ State: _____ Zip: _____
 Phone: _____ Cell: _____
 Email: _____
 Mother/Guardian's Name: _____
 Work Number: _____
 Father/Guardian's Name: _____
 Work Number: _____
 Emergency Contact: _____ Phone: _____
 How did you hear about Girls Inc.? _____
 Do you know anyone who attended Girls Inc.? Yes _____ No _____
 If so who? _____
 Their current address: _____

Albany Summer Fun	
(Please check sessions desired)	
<input type="checkbox"/> Session 1: July 6 - July 10, 2015	\$100
<input type="checkbox"/> Session 2: July 13 - July 17, 2015	\$100
<input type="checkbox"/> Session 3: July 20 - July 24, 2015	\$100
<input type="checkbox"/> Session 4: July 27 - July 31, 2015	\$100
<input type="checkbox"/> Session 5: August 3 - August 7, 2015	\$100
<input type="checkbox"/> Session 6: August 10 - August 14, 2015	\$100

I hereby grant permission for my daughter to become a member of Girls Incorporated of the Greater Capital Region. I also authorize a staff member of Girls Incorporated to consent to emergency medical treatment at any of the following local hospitals: Ellis, Ellis McClellan Campus, Albany Medical Center, or St. Peter's as necessary to preserve the health of my child. I hereby consent that Girls Incorporated may have access to my daughter's records (academic, standardized tests, teacher reports) or information from other involved agencies with the understanding that these records will not be released without my consent so that she may be served by Girls Incorporated. I give my consent for my child to participate in field trips and neighborhood outings arranged and supervised by the staff of Girls Incorporated. I consent for my child to be transported by vehicle or walking (with adult supervision) in order to arrive at the destination. I give my permission for my child to be photographed, filmed and/or recorded during Girls Incorporated activities for in-house and/or news purposes.

Signature of Parent/Guardian: _____
 Date: ____/____/____

The following information is required for reporting to funding sources and remains confidential.

Birth Date (MM/DD/YR): ___/___/___ Age: ___

School: _____ Grade in Fall 2015: _____

Circle all you receive: Medicaid Food Stamps Welfare

With whom does the girl live with: _____

Foster Care: Yes No

Home Language (other than English): Spanish: _____ Other: _____

Race/Ethnicity: Black/African ___ White/European American ___ Hispanic/Latin ___ Asian American/Pacific Island ___ Native American/American Indian ___ Multiracial/Multiple Heritage ___ Other ___

SCHOLARSHIP APPLICATION

To Parents/Guardians: The following information is required for scholarships (most recent tax return must be provided for scholarship application) and grant reporting purposes:

Are you applying for a scholarship? Yes ___ No ___ If yes, it is mandatory that the following questions are answered:

- 1. Yearly family income: \$ _____
2. Number of people living in the home: _____
3. No. of children in family attending camp: _____

Office Use Only: Albany Summer Fun

Scholarship Awarded: \$ _____ Member Amount Due: _____

Session 1 Due \$ _____ Amount Paid \$ _____ Date Paid _____

Staff _____ Receipt No.: _____

Session 2 Due \$ _____ Amount Paid \$ _____ Date Paid _____

Staff _____ Receipt No.: _____

Session 3 Due \$ _____ Amount Paid \$ _____ Date Paid _____

Staff _____ Receipt No.: _____

Session 4 Due \$ _____ Amount Paid \$ _____ Date Paid _____

Staff _____ Receipt No.: _____

Session 5 Due \$ _____ Amount Paid \$ _____ Date Paid _____

Staff _____ Receipt No.: _____

Session 6 Due \$ _____ Amount Paid \$ _____ Date Paid _____

Staff _____ Receipt No.: _____

Girls Incorporated of the Greater Capital Region

National Grid

presents

Albany

Summer Fun

2015!



Girls Inc. would like to thank National Grid for being the 2015 presenting sponsor of Summer Fun.

National Grid has a strong commitment to the community and supports programs that reinforce its Engineering Our Future initiative to attract students to careers in engineering.

nationalgrid

THE POWER OF ACTION

CONTACT US

Administrative Office: 962 Albany Street Schenectady, NY 12307 Phone: 518-374-9800 E-mail: info@gcr.girls-inc.org

Fax: 518-347-1009 www.girlsinccapitalregion.org

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